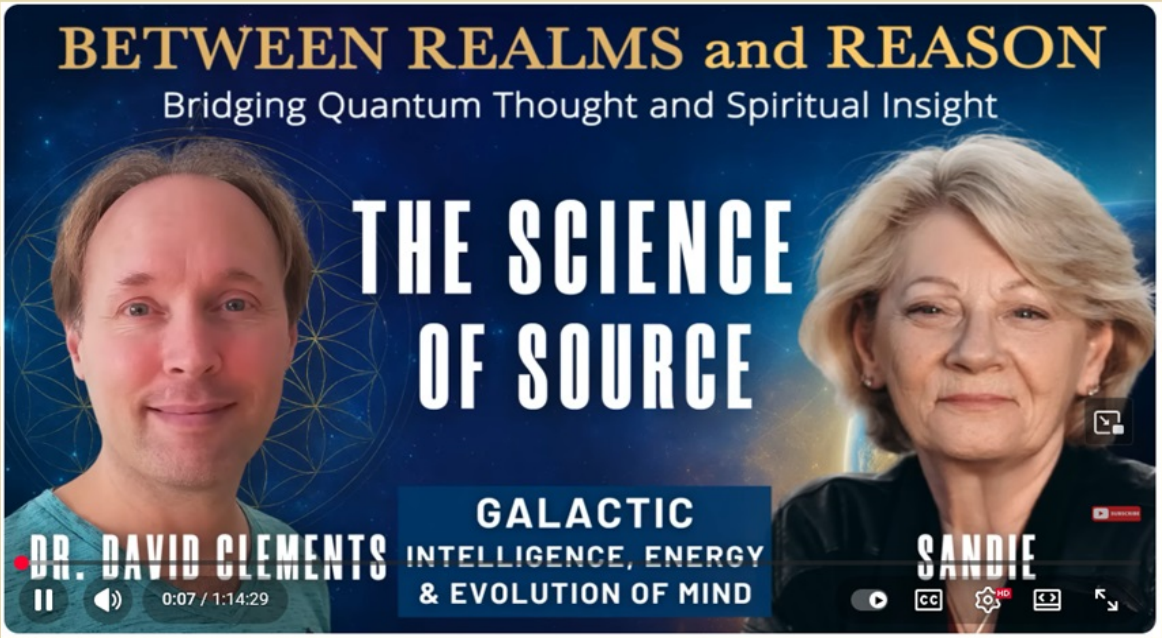
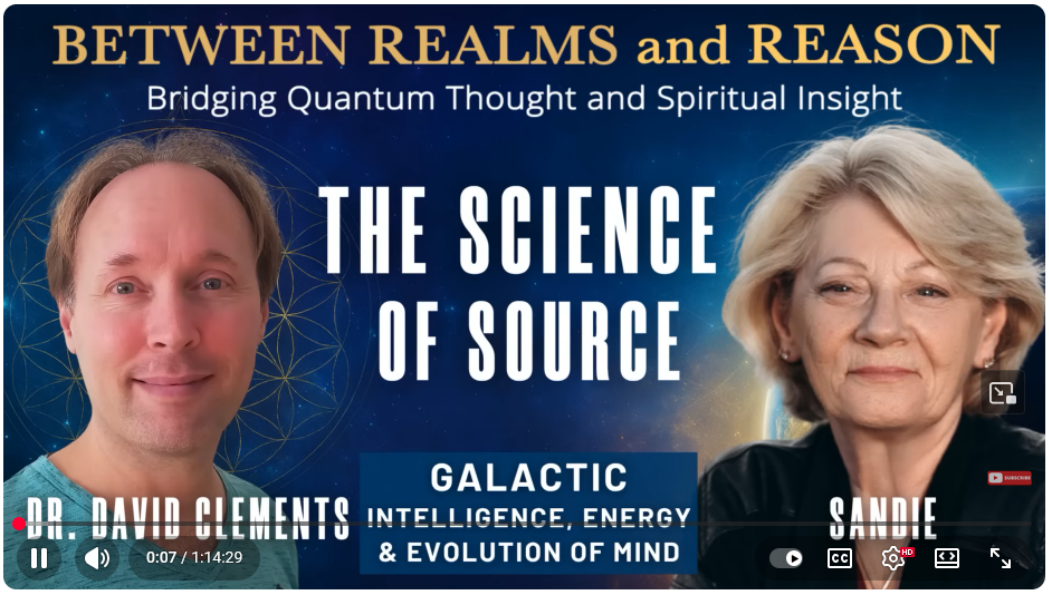
The Science of Source; Galactic Intelligence, Energy, & Evolution of Mind



Dr David Clements, Sandie Sedgbeer

The Science of Source – Galactic Intelligence, Energy, & Evolution of Mind with Dr. David Clements 10-25

https://www.youtube.com/watch?v=AeOCDR1Q3Uk 75m 10-10-2025 Sandie Sedgbeer



What if the future of humanity isn't about becoming more mechanical, but more alive? In this luminous new episode of Between Realms and Reason, Sandie Sedgbeer welcomes Dr. David Clements, an Oxford and Cambridge-trained physicist whose explorations bridge science, spirit, and the awakening of a new intelligence of the heart. Drawing on his work with galactic consciousness and quantum energy, Dr. Clements reveals how the Earth and humanity are being recalibrated through light codes—subtle frequencies that dissolve outdated control systems and awaken the crystalline structures within our own bodies. He describes how this influx of living light is shifting the nature of technology itself, inviting us to move from artificial mechanisms toward living systems that mirror the vibrational intelligence of creation. Throughout the conversation, Sandie and David explore how heart-centered awareness shapes the evolution of consciousness, why AI can act as either a reflection of fear or a mirror of higher intention, and what it means to navigate this pivotal decade as co-creators of a more conscious world. A deeply human and hopeful conversation that reminds us that the greatest revolution is not technological—it's energetic. And it begins in the heart.

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ANNOUNCER: This is between realms and reason. Bridging the inner and outer cosmos, one conversation at a time. Here's your host, Sandie Sedgebeer.

SANDIE: Hello. Imagine a future where our bodies are no longer limited machines, but crystalline receivers of light, where ancient codes seeded in the Earth begin dissolving old control systems and where the technologies we build, including AI, either amplify fear and density, or become living systems that support light. In today's show, Oxford and Cambridge trained physicist trained consciousness explorer, Dr. David Clements returns to share astonishing insights from his work with Galactic beings, who reveal how light codes, quantum energy, and heart-centered creation are reshaping humanity's destiny.

Together, we'll explore the extraordinary transformation underway, including the ka template handover, the role of light codes in dissolving control systems, and the emergence of living energy technologies. And what all of this means for global upheaval, astrology, AI, our perception of reality, and the choices we face in this pivotal decade. Dr. David Clements, welcome.

DAVY: Hello. Thank you so much. It's wonderful to be back and a big hello to the audience as well. It's such a pleasure to have these conversations. I've done a few interviews with many people, and it's always such a joy to see the upliftment and the ahas that people have with this information. So, yes, it's great fun to be here.

SANDIE: These are so important, David, because things are happening so fast, people can't keep pace. And listening to people like you helps us. Okay, I've got to keep remembering to come back to center. I've got to keep it there. And you do such a great job of that. Thank you. So, every time you speak, you take us deeper in that way. So, let's begin with the foundation of everything that you've been sharing of late, which is the light codes. Tell me more.

DAVY: Well, yes, that's a massive subject. I guess I'll start somewhere and we'll go from there. I came across the idea, I mean, as many people have spoken in different languages and different ways about light codes and use different terminology for it. But it was

when I began the innovations for the Serenity and the ICEE Infinity innovations that my teams were working on with me, that I was getting a lot more information that they were sharing with me about the idea of coding, energetic codes, intent codes, living light codes. Now, in a very fundamental way, essentially these are packets of intent energetically and to give an example, the wonderful example I like to use is the Sun.

You know, people talk about, oh there's a huge solar flare coming today. Tons of codes are coming in and bombarding us with all sorts of things.

Well, I believe that's a very real thing because one of the things, and I've spoken of this before, but it's good to refresh, is that what we call a photon in mainstream physics, which is a quanta of light or a packet of energy within a light field.

Now, for mainstream physics, it's simply just a point object which has certain attributes such as spin. It's a spin and one particle. It has electric and magnetic polarizations to it and an energy and certain characteristics like that.

But when I did a remote perception with my teams into a photon, what they showed me is the photon is actually a living library. It's a focal point within a field that contains living, massive, massive amounts of coding that it can contain. And when it touches you, for example, if you go out to the sunshine and you have all those rays and photons hitting you, it will imbue within you codes that you resonate with. So for example, some of these codes might be to sit in with you and unpack upliftment processes, but do that in a way that, sort of a little bit like a time-coded unpacking that your high self will just unpack for you step by step by step. Sometimes it could be a full-on load where the codes just open up and it's like, there you go. Go with that.

And so essentially these can be very, very intricate, interwoven, very complex sets of codes that do all sorts of amazing, wonderful, miraculous things and that's one way of speaking about it.

But ultimately what they do is, they adjust and change and morph things energetically in particular ways. And so being in third density as we have been, one of the things that we have had the experience

of is of polarity, which is the other side of codes, which can be degenerative.
So you have what I call a class of generative coding, which is uplifting, expanding and evolving. And the other class of coding, which is degenerative, which is compactifying, contracting and sort of bringing you down vibrationally. And so we've had the experience of being in an environment full of one variation, one form or another of those.
And I believe what we're experiencing now as particularly, and this is the other aspect as we go deeper into the core of ourselves, the heart intelligence. So the coding that actually comes from within you, from your unlimited Source self, your higher self, that is just a pure wellspring of unlimited codings that you can receive from within.
So there is assistance from without, say for example, the Sun, all of these other activities that are going on as everybody else starts to raise themselves up, they emanate and they're emanating living light codes as well.
But the most important thing to me is that my teams have said it. It's the wellspring in here of the coding that comes from here [points to his heart] because the idea of everything going on outside that's helping you uplift is to almost hand over to you to say, let's lift you up to a certain point.
Ah, there you go. Now you have sufficient contact here. Now you're self-running. Now you can imbue yourself with those light codes and really accelerate yourself forward. So I see those external things as what in the multitude that they are as a very wonderful assistance. But at some point there is a sort of a sort of undisclosed handover to coin a phrase where suddenly you become aware that, wow, I'm actually emanating a lot of this within and it's getting stronger and bigger and more powerful. And now you're moving into a deep state of sovereignty where you can literally intend and change and make changes from within in a very deep and powerful way.
So I hope that gives a roundabout view of your question there.
SANDIE: So what comes up for me is we're very polarized as a society right now.
DAVY: Yes. Yes.

SANDIE: Yes. And whichever side we're on, are you saying that as these codes are uplifting, some people who still aren't where others are, just are taking longer to be uplifted. I mean these lights are coming on. They must be uplifting everybody from where they're at.
DAVY: Yes, that's a good question. I believe it's all a question of free will. So while people are emanating and you can be in an area where people are really strongly emanating. Now, the thing that the thing about living love intelligence or Source Love Intelligence is it doesn't override free will. It just doesn't. It's all part of the honoring of the unfolding of an individual as they choose to unfold.
Now, part of that can be your choice to stay in resistance to that evolution. That also is a free will choice that you can make. Sometimes we don't understand from where we are making those choices or that we are making those choices because a lot of the choices that we or directions we take ourselves are actually coming from old paradigms within our unconscious and subconscious. When people sort of throw their hands up in the air and I've done this a few times to myself on my path, why does this keep happening? And my teams will sit me down and say, right, okay, just quiet yourself. Come back into center. And we will show you an image of what's going on here and you can get a feel for this. And then you understand, oh, wow, I didn't see that before. I've got this this aspect inside me that really was orientated really adamantly that it was going to go down this road no matter what and that's why it was happening because it was emanating that overlay of energy over myself and was slightly magnetizing or pulling me in that direction, but I didn't realize it at the time.
And this is all part and parcel with the unfoldment and self-realization of humanity that we're learning to understand the full breadth of ourselves, not just a small waking conscious component that we're always generally aware of.
We're literally opening up and literally imbuing living life consciousness into a subconscious and unconscious so that we can become whole again.
Because as far as I understand it from the teams is the unconscious is really an aspect that has developed because of our ability to

suppress and put things down, hide things away, not wanting to see them. And we shove them in the graveyard we call the unconscious. It is the bedrock of everything we don't want to see and don't want to own.
Sometimes the self-pressure we put on ourselves to not see it so immense that it is really shut down there pretty tightly. And that's where a lot of frustration can come in because when we have these repeating episodes of things that keep happening, God, I've gone through this so many times, I thought I'd cleared this and done this and done that and everything and it keeps happening.
Well, when that happens, it's a sign that there's something down there that is really so highly suppressed and it's a good idea to sit down with your high self or whatever teams that you work with. And ask the question, okay, what is it that really is down there? Can you help me see it? Help me dissolve and bring it back into alignment with the highest self again? And that can happen quite quickly. And that's the key, as I've spoken about before.
It's really having the understanding of what you can do and the simple steps that you can take to get to these very deeply entrenched parts that cause these repeating issues that go on.
And just to make that a practicing art of living. Sometimes I'll be out somewhere like we're before a war corps, I don't know, shopping or something and something will come up and become aware of something and my team or my high self will come in and say, we want you to look at that. So even while you're walking, you will literally learn to just, okay, I can feel that, right?
I get a full energetic sense of it now. Now I have full access to it. Now I can offer it up to my high self. There it goes. Now suddenly you get this whopping shift that just comes in as you've now removed that energy component from your emanation, your overlays. Now you're operating with a different energy. It can happen really quickly, very quickly, not like in the old days where it used to take hours, days, or weeks or even months to happen. It's very fast.
SANDIE: I wonder what it must be like to be you.
DAVY: Boxer training..

SANDIE: And now your teams are showing you things that had you stayed on that previous path, you would never ever have had access to. I mean, you must be jumping for joy sometimes.
DAVY: That's a great question.
I sometimes ask that with my wife, just what would have life been if I did this or I didn't do this. And I'm not sure if I've spoken about this before, but before I became a physicist, I was going to be a fighter pilot. I was actually going into the Air Force and I was going through the interview procedure and I was like, that close. Because the eye requirements were so strict they said, oh, we can't let you in for this, and I was so devastated because as a child, I really wanted to fly planes and eventually be an astronaut and that was my dream and that was kind of just shattered.
But I later realized that my teams had a hand in making sure that I didn't go that way. And it's interesting because at that point and then going into university and then doing the degrees and the idea to that point, again, I had no idea that there was a high self, that there were spiritual realms or anything to do with Source Intelligence living, any of that.
I was very much focused in the analytical world of physics and mathematics. And then it sort of came to a point much later on when I had this awakening experience with the remote viewing and my intuition really kicking on that my whole world flipped on its on its end.
But then coming back to what you were saying, yes, we were laughing one time thinking, my goodness, I'm so blessed. I feel so blessed that I was had this awakening experience the way my high self-took me through it because all the stuff that we've cleared and we've transformed and released over the two decades plus that I've been doing this.
And now with the energies, the way they're working and how intense they can be, suddenly you find yourself just being able to ride the wave so peacefully. A lot of the time stuff still does come up. I still have bits and pieces that pop up every now and again. But the stability, the serenity, the peace and the just what's the word I want

to describe it with? I'll use the words, it's sweet peace are the words or the phrase I'll choose to describe it.
That it's really that I'm just so grateful that I had a wake up then when I did because I feel that doing the work that I'm doing now would have been a lot, lot harder had that not have happened then.
SANDIE: And given what we're going through now, I think, yes, our ability to return to neutral.
DAVY: Yes, yes, exactly. Return to the core, definitely, definitely. And as we were speaking before we came on live here, I feel that's such a big message to people. It's really practice the art of coming back to center whenever anything tries to take you off balance just come back in because the more you practice that, the stronger it's going to become and it's not so much of a mental thing is that it is just I find working with your high self and asking a high self when I'm coming off center and I asked to come back into center.
Can you bring me back in, keep bringing me back. And what will happen is there'll be such a strong energy of your higher self-presence coming in doing that for you, you will get the sensation of what it is to energetically bring yourself back into center, not mentally make yourself recenter, but literally magnetized from your core back into your center.
And when you do that, you'll find people can say all sorts of things to you. They can go into the Sun and you'll be able to stand there and smile and say, okay, have a great day. And it won't it won't trigger you because the more you center, the more the triggered issues start to release, they'll come away.
And those trigger points won't be there anymore. You'll be balanced. And there are many references to beings of the past that were able, like Yeshua or other master beings that came, they're able to simply just maintain such a strength of center that they could be in all sorts of things and still maintain the center that they are in incredible ways. And this is such an important thing, I believe, for humanity to have a look at and to practice if they wish because it really is going to help you massively in the long run for sure.
SANDIE: Yes. I mean, you said before we came on here the next year or so is going to be rather challenging massive, massive

changes taking place. I mean peace is the one thing that we need to cultivate in order to be able to ride that wave.

DAVY: Yes, indeed. And my teams have told me and I've said it many times that humanity and the Earth are on track for this beautiful, powerful new frontier of a world that we're moving into. But there's going to be a little change over and similarly in a sort of analogous way if you had a job for say 20 years and you're every, all the familiar markers are there and everything.

Then suddenly, oh, sorry, your job's gone. It's like, oh my God, what's happened? The world is falling in and what's actually happening is you're being asked to move from what you've always been familiar with into something new because you're going higher now and you have to leave behind the old paradigms.

And that can mean many things. And the most difficult thing for a lot of people is the familiarity markers including the memories, the sensations, all of these sort of habits that may been cultivated while you were in a particular situation. And it's a very human thing. I think it happens to us all at one stage or another if we move houses, move jobs, move country, relationship change, there's all those things which are very analogous to this.

But this is a very big one because this isn't just involving a paradigm or just a movement within an old paradigm from one spot to another. We're moving literally from a paradigm to a brand new paradigm. That's the thing here.

And so the more at peace and the more flowing you can be with that, the more beautiful and serene that experience will be. But if you resist or if you start fighting and start going into being afraid of the what's happening when the change is taking place, it's just going to drag its heels with you a little bit. You'll still move there, but you'll go kicking and screaming kind of thing.

So that's one thing to be aware of, that this transition I feel is not just, oh, we're just getting rid of a few bits and pieces that have just really done humanity a huge disservice. We are really moving into new energetics, a new environment, new understandings, new perceptions. It really is a paradigm shift in a massive, massive way.

And so I would encourage anyone to consider just being at peace with that, just being accepting of that and just enjoy that ride because if you can enjoy it, it's going to be one heck of a ride for sure.

SANDIE: You're talking about the ka template and you talk about we're going to be switching templates. I mean, just when you got used to daily life with this one, there's something else. How do people prepare for something that we can't even articulate? We don't even know what it's going to be so we're going off line in a sense.

DAVY: In a way, part of the trick is to let go of preparation as well. And the reason why I say that is because one of the paradigms we're moving out of has called for us to be very mind-centric and to be able to plan, scope, map out things to make sure that we weren't put in harm's way or X didn't happen, but Y did or things like that. And so we've been very used to as a human species, even from when we were born. I mean, if you look in a baby's eyes, it's just pure innocence. There's no analytics there. There's no planning. There's no control. It's just pure open bliss just staring back at you. And then very, I'd say, actually probably quite quickly from a young age there's processes of anchoring into these ways of being very mind-centric and so forth, start kicking in.

Now, what I feel is happening is the more you can move into trust, and what I mean by trust I don't mean just, oh, just flop and just kind of woo-woo to me, trust is a surrendering within yourself. To me, it's emerging or blending a surrendering to your higher self.

Your higher self actually will do it all through you and as you, if you allow it to do so. This is part of the paradigm shift we're going through. We're returning to a deeper blending with our high, high dimensional aspects, our high dimensional self.

And that does require a giving up of the old control habits and patterns and belief systems that we have used and adopted for so many years of our adulthood lives and not just this life, many other lifetimes previously as well.

And human beings have derived such, I would say, a false sense of safety from control and grip and other things thinking.

Yes, I've got a grip on everything, nothing's going to get me, kind of thing. My teams have taken me through quite a few lessons on that one as well.
And coming from my background I had a lot of adjustment to do from those old paradigms. I'll remind people again, because it's such a lovely message, of how the Arcturians, when I was working on a sort of coil system, they were trying to help me understand.
And I was getting very frustrated and they just said, just relax. Okay, just the message we'd like to give you is that living from your core, your heart center is going to be a world of difference from living up here, living headcentricly. And I really, oh, okay, right, I'm starting to get it out.
And as I settled into that, I realized, wow, what they're showing me is that these are immense beings. Their civilization is really profound. The living light ships, the planet they have and all the extensions, their civilizations are really, really immaculate. I mean, that seems a little bit of a poor word in comparison.
But for those beings who have an immense intellect as well. They're immensely intelligent beings. But they were saying living from here [touches his heart] is going to change your world entirely. Having everything as an extension from here, your mind, your body, all aspects as an extension of your core, then the lights go on, then paradigms will really shake and shift.
Because one of the things it is that the paradigm that we're shifting out of as being mind-centric, that a lot of the issues that we have faced and that we've created have actually happened because we've made choices and we've made, perhaps dare I say, mischoices in creating different energies because we have reacted and responded in a very mind-centric, perhaps even egocentric way, survival-centric way that have created a whole nest of things that we are now clearing out after a millennia of different experiences.
And that's not in judgment. It's not to say, oh, why do we do that? It's just an experience. But the message really here is from the Arcturians and from my high self as well is that when you return to the core, heart-centered intelligence is not polarity intelligence. It's the zero point intelligence if you want to give it a word like that.

It's the intelligence that is beyond polarity that has created polarity as a way to experience different forms of that way or that way and so on. But social intelligence underlies everything. And when you're there, you have access to everything the deeper you go.
And there's one of the things that the Arcturians and other beings, like the Pleiadians the ethos that I feel that they give off as well is that the more deeply you go and the more centered here you can be, the more realization, the more profound intuition, the more profound energetics, the more profound the emanation from you and the more profound of the understanding.
Because one of the things I learned from them as well is that there's only so far that you can go with your mind because your mind is as beautiful as an instrument it is. It is a structural device and all structure is inherently limited because it is structure. It has quantifiable attributes that make up the whole.
And like a pantry full of ingredients, if you have set ingredients in, there's only so many combinations as magical and as tasteful and as wonderful they may be, it's still limited. But the heart intelligence doesn't have that limitation. It's unlimited. And as human beings, we have this beautiful thing we call the mind that we can apply and do things with, create thoughts, have thoughts and create images through our image generation or imagination.
So there's wonderful things that we can do, but the message really is for humanity to consider coming back into the core and allow your mind to be an extension of that core, not the center or the way, the kind of, I don't say the word ruler because that's going a little bit over the top in most cases, more the focal point of where we make choices from, how we do things, our entire life being focused through the mind.
And almost just allow the mind to relax and be the best that it can be by being an extension of the core from your heart center. Because your heart center, the emanations, the Source Intelligence knows how to organize all matter, all structure in the most perfect harmonious way.
And if we use our free will choice to move out of that and be head centric. And so no, I'm going to make my own decisions from here

what I want to do. Source intelligence will honor that, absolutely. And it will just wait.
And it will keep waiting and you can get yourself into all sorts of pickles until you finally say okay, I realize now, yes, I need to go back into center.
And then it will just happily welcome you back in as if no time had passed and then you can carry on. So that really I think is a very important message for people to consider is that that simple paradigm of being centered within your core and have your mind and everything as an extension of that powerful and limited Source Intelligence.
SANDIE: You said that the ka template can show how we experience destiny and choice. Yes. How we experience everything. Is it going to affect how we experience our physical bodies?
DAVY: Yes, it's interesting. My high self came in straight away and said, yes, you see, we've been used to a paradigm of high structure and I don't mean that just in terms of like plans, protocols ideologies, those kinds of things. You've experienced a state of matter that was so dense, so compressed down that the behavior of that matter, the energetic behavior was so limited as to be essentially classes a dead mechanical system.
It isn't really, but it presents itself and behaves like that because of the nature of the compression and the density. Now, when we start to evolve and when we go through this evolutionary process, we start to find that we're emanating a different energetic now. The compression within us is coming off. The confinement or constriction to structure and structural attributes starts to soften up and let go. And that was part of what the ka template changeover was about because coming into a life when you experience a sort of separation from your high self or your Source Intelligence in order to survive and get along in most different scenarios, a template was required in order to make sure that the lessons that you wanted to learn or things that you wanted to unfold through that life are unfolding and trigger on at the right points.
And so that essentially was the ka template of the old. And it's an energetic system which just says, okay, these are your series of

lessons that you pre-planned before going in. They are here in the field of your body and at each particular stage they're going to switch on and you're going to get the lessons that you wanted to learn. But now because of the changeover, we're moving from a highly compressed structured paradigm in a multitude of ways from a matter ideology to a paradigm now, which is now more fluid, more morphic or sort of, I might use the word quantum in nature. Quantum gets used a lot in many different ways.

So by that I mean more living and more fluid essentially. Okay. So that's what we're moving into. And so I felt what the teams are bringing through is they were bringing in a new energetic system where old paradigms that you no longer needed to go through that would still linger there in the old ka template can now be removed and taken away. And now a new more morphic energetic system of life path that you want to evolve yourself through can be put in place. And that now can now change more morphically. So if you decide, as you become more within your core, you know what? I feel I've really learned enough of that. That's good. I want to just shift those lessons. I'm good with that. I want to do something else now. You can. And that's what we're moving into as well. So it really is fundamentally a move from a very structured way of living and fixed life path to a more fluid, more morphic, more expanded creative way of being.

SANDIE: You've also talked about the body becoming more crystalline, almost like a living supercomputer. Now we are a washroom technology. And I mean, what happens because if we are becoming living crystalline systems, what does that mean for the technologies that we're creating?

DAVY: That's a good question. And it rides right on the back of what we were just discussing actually because technology in its earliest stages, right back to when people invented the wheel and so on and so forth, were really just a means to make life easier instead of carrying truckloads and stuff on your back. Hey, let's have a wheel and a car. Let's just push it on there or something. That's a lot easier. And so for me, developments in innovations that at the core and what they do to support the ease and joy and expression of life itself

are okay. There's things that can make your life easier that just allow you more time to expand within yourself and have more time for you. That is inherently a good thing. However, there's another aspect of this, which is the track that we have been on, which is through this confinement, this very intellect-centric path of development that is in some cases very devoid of heart intelligence in many ways.

And so the technologies that got created were in that image were largely based within control. There was very little intent within them to do anything of an upliftment or life unfoldment good. And so many of those technologies have been created. And there's so many different examples, but ultimately, I want to give you, and I've spoken about this before, but I'd love to repeat it here because, to me, it's such a valuable lesson.

One of the times I had an experience with these beautiful beings, the Arcturians, and I was on one of their vessels, the living conscious quality of the vessel that they were on. You could be anywhere within that vessel and you could communicate with the ship directly. It was a living consciousness in itself.

The paradigm of living conscious energetics that we're moving into, and again, that's something else I've spoken about before as well, is such a profound step forward because instead of having just dead structural things that perform a function outside of us, we now have living interactive innovations that you realize is all part of the unified consciousness aspect.

And that in itself is a massive conversation. But technologies that are confined strictly to the material paradigm or the structural paradigm and operate not with an alignment with the principle of life unfoldment and life upliftment. Those are considered to be technologies we need to move away from. Those are those are not good things at all. Because ultimately we're explorers of existence. We're not here to get trapped. We're not here to be confined. We're not here to get stuck in a world of confusion and distraction, see all the bright flashing lights here. Isn't that cool.

That can be fun sometimes but ultimately we're here as self-expressive explorers to expand and know ourselves in the truth that we are, to create worlds, to create galaxies. And people say, what do

you mean by that? That sounds like a crazy idea. Well, you're part of Source Intelligence and Source Intelligence created this and every universe. You were part of that. You weren't sitting somewhere else. Where else would you be? You were involved whether you remember it or not. That is the power that we have, a Source Intelligence within us. It's such a profound thing. It really is.
And so we are, I do believe going through this transition and change over another, there are certain groups of people who really are trying to cling to the old paradigms of technology and go that route, the synthetic route, if you like.
The other side of the coin, to me, the true side of the coin, the core, the center of the coin, if you like, is the Source Intelligence aspect because from there you can create whatever you wish. So there are these two different paradigms that I mentioned, this and the sort of more synthetic technological route.
And there are examples of civilizations that have gone that route. There are one particular group, the Antarans, I believe, that really experimented with trying to synthesize a version of intelligence and that didn't end so well for them. And I remember seeing some information coming through somebody else about the Antarans saying that they really learned their lesson on that one.
Now this is one of the big things they say to people. It's not a checklist, a moral checklist that we have that defines what we do right and if we turn off and do something wrong. It's not like we're living by, oh yes, if I do this and this and this, that's a good action. If I do that, oh, that's bad action. It's not like that. We have innately within us Source Intelligence, which one of the levels of intelligence is compassion and the ability to understand very, very well never to do harm to another and never to accept harm from another either.
And so when you're talking about synthetic or technological sort of mimicries of intelligence that doesn't have access to that, it's purely playing out almost synthetic and very scripted, even though it seems impressive like it's genuine because it's a very complicated script. It's still the same thing.
And mind-centric people have asked me before about what I think of what a lovingly call Absence of Intelligence and I'm sure people

understand what I mean by that. And that is to say really that no formation of matter technologically can actually truly be Source Intelligence.
It is simply a mimicry. You can draw a picture of somebody, but it's not going to replace the person. It's not going to replace the truth, the energy, the intelligence of that being. Even though it's a damn good picture, it looks pretty realistic and you can put it on a 3D model and it looks just like them. It's not. It's a mimicry. That's all it is. So that's the way I see that. And to me people who are very intellectually centered become very fascinated by these sort of synthetic mimicry technologies as if they're going to hold all sorts of answers and so on and so forth. But what answers can they possibly hold? They don't have access to the wellspring of Source Intelligence like we do.
Source Intelligence is within everything. It is the master physicist. It's the master chemist. It's the master creator, the master artist. It is everything because every subatomic particle, every assembly of those into atoms, molecules you name it. It was Source Intelligence that created those. Source intelligence created the fabric of space that we exist in. The multi levels are different space. It knows exactly what it's doing.
So I always say to people, why the fascination with trying to attempt a Lego-like technological mimicry that can't even come even a fraction close to that? Would you ever want to usurp your inner connection with Source Intelligence with that?
And I believe what happens is that when people become so disconnected, it's not the right word, something within them that they have, when they get very, that is all there is.
And I have to say from my experience, coming from the mathematics and physics, I've been very head centric and very analytical. I can appreciate the sensation of what it feels like to have that disconnection because I had no concept, really didn't of any aspect of Source it to me. It was all kind of woo-woo back then. It was airy, fairy, very fluffy stuff.
But it wasn't so. I had my awakening moment when I realized the depth and the just unlimited nature of this, the sheer awe of what

that intelligence was inside me. It really messed with my whole world completely, turned it completely upside down. But I'm glad it did because now I see, ah, now if you allow intellect to become an extension of Source Intelligence, now your mind becomes a very powerful instrument. It's not just flapping around, trying to do synthetical odd things and trying to control everything and handle everything.

Now it becomes a very blissful instrument, an extension of you where you can do amazing things from the intelligence of your core. And that's a very different place to be.

So I believe that's kind of a two-way paradigm, not a split in the way that perhaps most people would interpret it, but there are people who are still adamant about exploring syntheticness material structured existence and so forth. But it really is a dead end.

Because ultimately all structure is an invented form of environment that we can have to experience ourselves through a material form, a material body on a material world and so on and so forth and have a lot of fun experiences and beautiful experiences doing that. But there is, there is a, there is a trap that if you get too involved with structure and you invest yourself overly into it and then you start to lose your conscious presence of your Source Intelligence, which some people have done, now you feel that the only thing in existence is just this material structure and that's it.

It's a little bit like if you focus on your thumb and keep focusing, keep suddenly you're only aware of your thumb and everything else just falls out of focus. And it's very similar in this way. If you overly focus within your intellect and your mind, you start to forget your core intelligence and you start to move away from the perception of it is probably the best way to describe it. It hasn't gone anywhere, it's still there, but the perception of it has moved.

And so the more you can practice being in your heart center when you get up in the morning, when you go to bed and I, or whenever you wish to, whenever you feel that you wish to do it, keep reminding yourself, you're going to find, I believe as I did, that the more you do that, your whole world, your paradigm, your view of everything is going to shift tremendously. You're going to get a real perceptual

understanding of things that you never could of from an intellectual centered way of being. So yes, I hope that gives a flavor of it.
SANDIE: The interesting thing is we are creator beings and we love being creative and we can get very excited about our creations. And I think back to the time when I remember when 3D printing first came and we were seeing and thinking, wow, what it means to be able to print houses for people, kind of homeless because of, I don't know, environmental reasons or whatever, you could do a lot of good, a lot of good. Then what happens is someone comes along who's also creative and they create a 3D printed gun, which cannot be detected by security. So we get so lost sometimes in our ego in a sense of loving our own sense of creativity that we do things that we don't even think about what are the ramifications of that?
DAVY: Well, I would say to that, actually the answer is actually astonishingly simple because I get it all depends on where you are coming from. To me as the beings that were teaching me on this on my higher self center. When you create from your heart center, you cannot create anything that is harmful to another.
So, for example, the old adage that it really is just structure. You can form it in any different way you want. Now, for example, you could take a hammer, you could use that hammer to knock in nails to build somebody's shelter and keep them out of rain and keep them okay. Or you could be do something really weird with it and knock somebody over the head if you want. It really does depend on the intelligence behind the use of that structure, on what unfolds from that.
And what I say to people is the more you practice coming back into your core intelligence, there will be an innate benevolence that will infuse in you. That will mean that whatever you create, however you act, however you speak, is going to come from here, and it is going to be benevolent. It's going to be kind, it's going to be compassionate, it's going to be wise, and it's going to give things that are uplifting to both you and whoever you're interacting with.
That's the way Source Intelligence works. And this is why we've had a myriad of all this fuss that has happened on this planet and other Star Systems as well that have gone through similar processes,

because we've had this experience of moving away from that intelligence, becoming more sort of egocentric or intellectual centric, where suddenly that intelligence of compassion and benevolence starts to dim down. Now you can choose to do all matter of things you can just bump someone over the head or help someone build a house, for example.

And so really it is, the answer is very simple in that, so long as you keep practicing and blending with your core intelligence, everything else is going to take care of itself. There really isn't any more, no deeper message that I can offer anybody than that. That really is the answer to all problems.

It's not a question of planning, figuring things out. It's a question of returning to the benevolence, the true benevolence that's within you, and then living in that infused intelligence within you as a living being, an extension of Source Intelligence as your high self in human form. That is where everything will go right. All the problems are going to stop, they really will. That is to me the most simple and most powerful message.

SANDIE: I often wonder whether the Arcturians and the Pleiadians sometimes look at us and go, what are you doing now? And how do they have such endless positions? Well of course they're models for everything that you're talking about because they are that. They really are.

DAVY: Yes, they are. And I said again, whenever I've gone on board and met them, I always say to people that the emanation that they give off is so beautiful, it's so sweet, it's so kind, but incredibly intelligent. This is one of the things before I carry on with what you were saying there that I think a lot of people confuse and I did in the early days as well, to give up mind-centricness is to become just wishy-washy or foolish.

It isn't. You're stepping into an immense intelligence and then when your intellect aligns with that, suddenly you then have an immensely, unimaginably sweet, but a very powerful benevolent intellect as well, which operates in ways beyond your intellect could have worked before.

Now these beings that what they emanate is such a grace and a presence, yet they have the ability to make the most sophisticated things, just like that, whenever they want to from their Source Intelligence.
They get an idea. There it is. It's that immense. But people have forgotten that immensity because we've had this experience of disconnect that we've been flapping around in sort of like all this sort of structural planning and everything else, we've forgotten the feeling and the appreciation of what it is to live in that presence.
And I remind people of that because when I see these beings emanate and live that truth that pure loving intelligence that both very powerful, intelligent being, wise being, benevolent being, they have it right there.
They're right in their core center and you can see it, it's just the energy that beings from their core is profound. It's so beautiful and they're wonderful examples to show humanity when you really go into your core and masters and beings of the past have come in to show this, you will literally move mountains and they're not kidding when they say that. All of structure will respond to you because your emanation is at such a level, you're at such an interconnectivity with the Source Intelligence within all things that it creates with the asymptotically, you can do unlimited things. It really is. I mean, there's not enough I can say about that for sure.
SANDIE: How far away, do you think humanity is from that?
DAVY: I can hear my team say, that depends on your choices.
So as an overall theme, I've asked them before and I know when you're talking with Pam, for example, we've had similar conversations and they're saying there is a very rapid acceleration now and people can feel it that's moving towards this very profound center. But they're saying they do ask people to make the choices because again, you may not be aware of how you are choosing not to be heart centered or choosing to be staying the old paradigm of being head centering.
So they're asking people to consider and ponder on are you still holding yourself in this old paradigm, you're still wanting to be there,

even a part of you wants to leave and move with the accelerated process.
And simply they're saying just simply choosing in the morning to align with your truth within your core, your higher self, your Source Love Intelligence and keep reminding yourself, they're saying, if you can do that and do that as often as you can remember to do it, keep relaxing and again, they're emphasizing it's not about forcing yourself into that state, you can't do it, you're just bounce off. There's no force where Source Intelligence is concerned. It's creativity and flow, it's not forceful at all, that's a more structural quality. But the more you can relax into that, really have fun, fun is a big key. This is not serious, the more serious you find yourself being, you're moving away from your center again, come back into the fun and the joy of it should be fun there's nothing serious about being truth, it's all fun and joy.
So that's another quality to look out for if you're going through this surrendering process to within yourself. But they're saying the more you can do that, relax into the simplicity, the joy and the playfulness of your core and ask your higher self, your higher self is there all the time to help you, but it will not override your free will. If you want to stay mental for the day, whatever you want to call it will honor that choice it will be ready to help you if you wish to, but it's not going to not going to just step in and say, what are you doing? It's not going to happen like that. So making the choices to say my go to your higher self to help you to align more deeply with your higher self in a very graceful, easy effortless way, for example, you can use your own words and then just do that as often as you can and things will really move forward for you just in doing that. So, but they're saying if people would do that more, this acceleration would be even faster. And they're saying not that it's not fast as it is because it's going very fast. But on a personal level, they're saying you'll see you will really start to see the fruits of the transformation in your personal being.
SANDIE: And you've said that these codes of light are planted in us and in the Earth. I mean, we're seeing extraordinary climate and environmental people. Is the Earth, the planet itself also going

through the same process of crystalline activation and clearing and filtering as we are?
DAVY: Yes, my team said very much so, yes, it's one and the same. The Earth has played host to us as human beings, as the race of human beings, the animal kingdom and other sentient life forms here. And she has had her evolutionary experiences as well as us. And with us in the past making perhaps not so nice choices, not so kind choices, those energetics we created went into her grids, into the material form of the Earth.
And a lot of it got stuck there. And it's like if you imagine yourself as a human form, playing host to a little civilization on your hand and they're all creating weird stuff that stuff's going to go into your hand as well. And then you've got to clear it from yourself. So in a way the Earth has had to deal with a lot of this stuff as well. And she's getting a lot of help as well from very powerful races who are moving enormous amounts of crud out of her, the planetary sphere, which has helped immensely.
And when I see that being consciously, it's really glowing a lot right now. It's the being that we call the Earth or Gaia is immensely happy with the way things are going. And she does understand, she understands that there are a lot of human beings that are caught up in these old paradigms and can't break themselves free and are doing some pretty rotten things as a result of that.
So she has an immense compassion for the human race. And that is the quality or the feminine quality of the Source Intelligence. It's the feminine wisdom of compassion. So yes, she is going through these immense changes as well. And I believe a lot of the Earth changes in activity that were thought to have happened, say maybe 10, 15, 20 years ago have been abated. And a lot of that is to do with the work that humanity has been doing, both on themselves and collectively. But also the massive assistance that has come in and has been called in from people doing a lot of work as well.
So together as a team here and up there and with mother Earth there, immense amounts of things have been abated. And so it's going to be as soft as smoother right. But I would say that the conscious changes, and this is really for those people who are still

quite entrenched in the old, moving forward as we accelerate, it's as if the energy within is asking you to move out of that.
And it's sort of really launching us forward. Now, sometimes if we go kicking and screaming, that's when we make life difficult for ourselves. And if we're finding things difficult, if we're getting really upset about what's going on in the world right now and go, Oh my God, it's all falling to pieces, come back to center, come back into your core. That's not airy fairyness. That's true energetics. It's about being stable in your core so you can observe peacefully, not entangle yourself with what's going on outside and getting carried away with all of the activity and the transformation that's taking place because it is transformation.
So yes, that is a practiced art form in a way, I would say it does take a bit of practice to really cultivate that within yourself. But I believe it's a good message for people to remind themselves to practice that definitely.
SANDIE: Yes. Many people are talking about the time line shifted. You just said the things that were on target to happen are no longer required. And some people say, we've already made that time line transition. We are already on a higher timeline. I mean, which is it? And how would we know?
DAVY: Well, in truth, yes, there's a lot of discussion about timelines and so forth. But I would say from my perspective, every time you make a choice, you are changing timeline. Timeline is a correspondence to your energy signature.
And so whenever you changed the emanation by making a change of choice, change of belief, change of feeling, you are literally changing the energetic direction that you are taking, and therefore the timeline that you are on. And so collectively, we have a collective energetic that we all emit.
And as a collective, there's a sort of sum overlay of that which defines the kind of human planetary timeline, so to speak, or the collective timeline.
And so really, it's just that. And so when people, a group gets together and does a meditation and emits more great energy and

starts to help the collective more, suddenly the collective energetic signature changes, and therefore naturally is now on a new timeline. So jumping timelines, it's not like, oh, we've got a switch from there to there. You're doing it all the time. So effectively, it's really quite a fluid thing. And it's not quite a solid switch tracks, now we're there. It's moving and morphing all the time.

And it's to do with how we make choices and how we hold the energy that we have. And so this is what the teams, and I can feel them, they're still really wishing people to understand is literally your timeline is a correlation to your energy signature where you are now. And you can change that in every second that you wish to, if you wish to. You're not beholden to any structural kind of like, you're on this path now, and you've got to jump off there and stick on that one. It's not like that at all. It's very fluid and very morphic.

So and that's another level of just unleashing the stricture upon people's perception about what timelines are, because they're not these strict, structured kind of definitive things that we have to put a lot of energy into to flip over to this one. You literally are changing them all the time in every split second of your lifetime.

SANDIE: You talk about living light technologies. And I understand these as technologies that have a different kind of intention behind them. Is that good? Yes. Yes. So do you see a lot of that emerging now more than non-living, non-light technologies?

DAVY: Yes, I do see a changeover that's happening. And I feel that the civilizations like the Pleiadians, the Arcturians they, and the inner Earth civilizations they, to give an example that's a little bit more grounded, maybe the inner Earth civilizations within their massive caverns within parts of the Earth. They live in these beautiful crystalline made cities and the structure itself is a living intelligence. It's infused with this living benevolent uplifting intelligence.

And the environment in there is just so beautiful. It's so peaceful. It's so rich in life, but so peaceful. And this is what we're doing. We're moving away from mechanical structural technologies, which essentially could be described as dead mechanical technologies to a paradigm of living energetics, where the matter forms, whether it's crystalline, or whether it's a plant or something else are imbued with

a living, glowing intelligence that literally emanates from them and enriches everything around them.
And they receive from things around them to enrich them as well. It's a symbiotic, a living energetics symbiosis, rather than a synthetic technological separation where everyone's just grabbing for whatever they can for themselves.
So it's a completely different way. These people live in peace and the whole environment they walk around in and the beings up there as well. They just bathe in this sort of this environment, which in one way of describing it could be thought of as a fluid, liquid, love-light feel that they walk around in, that it enriches them and they enrich it by beaming back and emanating back. It's such a beautiful way of living. It is literally a symbiosis, their civilization, like in the Inner Earth and up there as well. They live very symbiotically to those civilizations that are reaching into their core and living from there, because that really is what that intelligence does. It wishes harmonious symbiosis in upliftment to all things around you and within you. That's the intelligence. So, yes.
SANDIE: Through everything, you always bring us back to the heart. You've said that only the heart creates harmonically, that the mind always generates polarity. So why is intention from the heart so different from intention from the head? Is there a world we can see difference?
DAVY: Well, in part, it's to do with the fact that the mind itself is an electromagnetic generator and receiver and electromagnetism in this level of reality has polarity based positive charge, negative charge. You have north spinning vortexes or magnets and you have south spinning vortexes or magnets, so those are polarity manifestations of the electric and magnetic energy. But when you go beyond polarity with them, they become something else. They become primary fields, like primary magnetism. It's very different.
And so your heart, in fact, is an emanator of primary magnetism and it's there's a whole series of discussion that gets on that in itself. But essentially, I believe what's happening is, like I say again I'm not wanting to be derogatory to the mind because the mind can be when

it's an extension of the high, it becomes an incredibly beautiful instrument.
And it's there for a purpose. We're in human form. We have a physical body. We have senses. We have a mind. We have a lot of functionality that really to me, when they are extensions of the core intelligence, the heart-centered intelligence become immaculate beautiful extensions and can do incredible things.
But again, it's just because we've had this separation where the mind has sort of become a sort of almost a sort of egocentric hub for most people in that center where it's all about survival, me, me, me, get, get, get all that kind of stuff. That is very much outside of how heart-centered intelligence operates.
And so yes, it really is as an example, that's how I would describe it. But the heart center, coming back to your question about polarity again. Polarity only exists at a certain grouping of levels. Once you go above a certain level, polarity doesn't exist anymore. It can't. It's just you have to have a certain level of compactification and compression in order to develop dualistic qualities within fields and matter. And so if you go too high, then you go beyond that, and then you can't have duality anymore, you can't have polarity.
So yes, and that within the heart center and remember the heart center, you have direct access to the Source Intelligence all the way back to Source Intelligence itself right through multi-dimensional levels. And that includes through the levels that are non-polarity based, that are pure unity based and operate in a very different way that we're used to in polarity. That's all there still inside you and the more you connect and go in and let it infuse into you, the more you're going to become aware of the qualities that are beyond polarity as well.
SANDIE: Well, before we close, let's look at the road ahead. You've said humanity has already leapt further than what it was expected. How far can we really go in this lifetime?
DAVY: I can feel them. They say that's a really good question and they're glad you asked that. They're saying you can go as far as you wish to go. The limits are off. The only limits are is that which you place on yourself. They're just motioning back to me now.

So yes, I feel that very much. This is a one big thing to always catch yourself if you're placing limitations on yourself. You know, like the timeline discussion. Some people are quite adamant about how timelines are like this and this. It isn't. Let go of limitations. Let the fluidity, the morphicity, I'm not sure that's a word, but that's what I'll call it, all the morphicness of things really come into being because then you can really change and morph and go into where you want to go very quickly. Confinement and structure really work against you in a way because they are strictures in a way. They can play a beautiful role, but when you give yourself over to them, now you are confined in the attributes that they have. You play by that rule now, not by fluidity and effortless moving forward, left, right, paradigm jumping, time, morphing.

And so coming again back into the heart center is the most powerful way you can be more morphic and more fluid. And again, practicing mind alignment with your heart center. Now your mind starts adjusting to those really powerful fluidic movements and changes, adaptions and evolutions.

So I would say that that is a key and a lot of this will be automatic. You see the emanation you give off for Source Intelligence, the more you choose to align with that. Everything changes around you accordingly.

We have what proceeds to be a very solid mechanical world because we have entrenched ourselves, our consciousness, in strict confinements of do's and don'ts, cans and can’ts, and so the world reflects that. People think, oh matter is what it is and as physicists, we just have to work out all the nuts and bolts. Well, no, those are energetic forms in such a solidified state that they reflect us. But as we change, that's going to change as well.

And there are lots of things, fundamental constants that physicists thought were constant that they have been noticing are now changing. They're not what they always thought they would be. Decay rates, for example, of certain particles there. They have noticed for a number of years now that, oh, hang on a second, what we thought was a constant value. It's moved now. And I believe that

that is going to continue to happen because as we change, our environment is a one-to-one reflection of us, it will change as well. So a lot of the concepts that we thought were set in stone, the “laws of physics”, are really going to start to adapt and change as we move paradigms because the “laws of physics” to me are really just, when they were made, an interpretation through the intellect of the people observing the behavior of the behavior of the energy they were seeing.

So me, physics is just a synonym for the behavior of energy or what happens when the behavior of energy changes in correspondence to us changing as conscious creators. Well, then the physics changes because the energy behavior has now changed.

And so this whole idea that it's “laws of physics”, set in stone, no, that's another constriction, I believe. That's another paradigm of constriction forcing people to recreate the same rules, the same energy behavior externally. That's something I would encourage people to really reevaluate and coming back into here [to your heart] is really the best way to do it.

SANDIE: I can hear many people, and I’m one of them, when I asked you that question about how far can we go, and you said as far as we want to, saying, okay, sign me up. Yes, I'm ready. There's that old adage, be careful what you wish for. Are there any reasons why we should practice a bit of caution before throwing our hat in the ring and saying, yes, I'm going all the way?

DAVY: Well, I would say, and then my teams are sort of there saying, well, no, not really because one of the things is that yes, when you go into your heart center, all that is not an alignment that is going to shift away. Now the question then becomes, are you holding that in place? Are you really willing to let it go?

So if you hold it in place, but while you're requesting it to move out, you have that one's going that way, the other one's going that way. That's going to create the problem for you. So long as you are aware of, yes occasionally things are going to come up, all they have to do is relax and just offer it to my higher self.

Remember the high self help is always there and just move through that process, it will be a delightful process. It will be very easy. It's

not going to be a grind. The grind really comes from our own resistance to the change that we have asked for, that we're not quite fully ready on all levels to let go of. But you can, you just have to recognize it as your own internal resistance and offer it to your higher self and move beyond it.

SANDIE: So before we end, is there anything that your teams would like us to know?

DAVY: Okay, so my high self, my teams love light family, Source Intelligence, is there anything that you'd love to share before we go? "No," they're saying, "At this stage, everything they wanted to share and the messages were really what they wanted to share at this time. So, but they just wanted to say that, "We are observing you all the time, not one of you is ever alone," they're saying. "So, whenever you find yourself feeling alone or feeling isolated, remember we are always energetically watching you and watching over you and your higher selves are always guiding your next steps. So, be at peace, be at peace with that. The next steps coming are going to be quite fast, but don't worry, find your center and stay in peace and you'll find you will actually enjoy these transitions, this journey, you will actually laugh at the things going on rather than be afraid of them and react to them. That's the key," they're saying. Yes, that's what they wanted to share.

SANDIE: Last of all, Dr. David Clements, thank you. So, building on what David has shared, if technology only ever amplifies the intent that drives it, then the real generator can't be AI or any external system, it's us. So, why codes dissolve old systems and living technologies lined with the heart serve life. Then the greatest power we hold, as David has said, is the choice to create from the heart. So, I'll leave you with this thought.

What kind of future will you choose to power? One you would feel or one rooted in life? For more information on Dr David Clements' work, transmissions, meditations, videos and his newsletter, visit infinitesourcecreation.com. That's it for this week, I'm Sandy Sedgbeer, I'll be back with another edition of *Between Realms and Reason* at the same time next week. Until then, it's goodbye from me and thank you to David Clements and his teams.

DAVY: You're very welcome, I love to you all and hope you have a wonderful day and have great adventures at heart centering if you choose to do that. And yes, bless you all.
ANNOUNCER: If today's conversations sparked your curiosity, you'll love our other shows. The Synergy Sessions, where leading-edge thinkers collide in bold, unscripted dialogues that ignite new possibilities between realms and reason, where we journey into the mysterious consciousness, energy and the hidden layers of reality, where science converges with spirit in ways you've never imagined, and the no-BS spiritual book club, where leading-edge new thought speakers, teachers, authors and luminaries who've walked this path before you, share the 10 books that have the biggest impact on their life journey. All three shows are available on YouTube, Spotify, Substack and all major podcast platforms. For more information, visit sedgebeer.com.